

CHILDREN'S VIRTUAL SERVICES



At Bethesda, the safety and well-being of families, staff and our community is our highest priority. As we work hard to plan to resume face-to-face services, we will continue to provide free virtual services for children and youth registered with the Ontario Autism Program throughout the month of July.

FREE GROUP SERVICES OFFERED EVERY WEEK IN JULY

TIME	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
9:00-9:30am	Story Time & Music (2-6yrs)	Story Time & Music (2-6yrs)	Story Time & Music (2-6yrs)	Story Time & Music (2-6yrs)	Story Time & Music (2-6yrs)
10:00-10:30am	Preschool Readiness (2-6yrs)	Preschool Readiness (2-6yrs)	Preschool Readiness (2-6yrs)	Preschool Readiness (2-6yrs)	Preschool Readiness (2-6yrs)
10:00-11:00am	Games Galore (6-9yrs)	Games Galore (6-9yrs)	Games Galore (6-9yrs)	Games Galore (6-9yrs)	Games Galore (6-9yrs)
10:00-11:00am	Craft Corner - Princesses and Unicorns (9-12yrs)	Craft Corner - Super Heros (9-12yrs)	Craft Corner - Sea Creatures (9-12yrs)	Craft Corner - Animal Farm (9-12yrs)	Craft Corner - Anything Goes! (9-12yrs)
10:30-11:30am	Healthy Snack Ideas (13-17yrs)	Magic Hour (13-17yrs)	Comedy Hour (13-17yrs)	Random Acts of Kindness (13-17yrs)	Karaoke Korner (13-17yrs)
12:30-1:30pm	Yoga (all ages)	Science Experiments (9-12yrs)	Teen Trivia (13-17yrs)	Creative Writing Activity (all ages)	Dance Off Party (7-12yrs)
12:30-1:30pm	ROBLOX Game Club (9-12yrs)	ROBLOX Game Club (9-12yrs)	ROBLOX Game Club (9-12yrs)	ROBLOX Game Club (9-12yrs)	ROBLOX Game Club (9-12yrs)
12:30-1:30pm	Virtual Social Club (11-13yrs)	Virtual Social Club (11-13yrs)	Virtual Social Club (11-13 yrs)	Virtual Social Club (11-13yrs)	Virtual Social Club (11-13yrs)
2:00-3:00pm	ROBLOX Game Club (13-17yrs)	ROBLOX Game Club (13-17yrs)	ROBLOX Game Club (13-17yrs)	ROBLOX Game Club (13-17yrs)	ROBLOX Game Club (13-17yrs)
2:00-3:00pm	Girl Power (9-12yrs)	Book Club (9-12yrs)	Paint with Jenn (9-12yrs)	Sibling Support with PowerHouse (7-12yrs)	Bethesda's Got Talent (all ages)
3:30-4:30pm	TeenZone (14-17yrs)	TeenZone (13-17yrs)	TeenZone (13-17yrs)	TeenZone (13-17yrs)	TeenZone (13-17yrs)
3:30-4:30pm	Virtual Scavenger Hunt (6- 10yrs)	Christmas in July (all ages)	Tim Horton's Donut Decorating (all ages)	Karaoke Sing Along (9-12yrs)	Let's Build With Lego (6-10yrs)

FREE WORKSHOPS AND TRAINING OPPORTUNITIES

DATE	TIME	TOPIC
Tuesdays starting June 30	6:30pm -8:30pm	Triple P for 5 weeks
Friday July 3	10:30am - 12:00pm	Toilet Training
Monday July 6	7:00pm - 8:00pm	Tips for Successful Hair Appointments
Wednesday July 8	6:00pm - 7:30pm	Proctive Strategies for Managing Behaviours
Monday July 13	6:30pm - 8:30pm	Newly Diagnosed Child? How Acceptance and Commitment Therapy (ACT) Can be Helpful To You
Monday July 13	7:00pm - 8:00pm	Tips for Successfully Going to the Dentist
Tuesday July 14	6:00pm - 7:30pm	ABA 101 - 1.5 hours a week for 6 weeks
Wednesdays starting July 15	9:30am - 11:30am	Triple P - 2 hours a week for 6 weeks and 3 individual follow up sessions
Thursday July 16	3:00pm - 4:30pm	Picky Eating
Friday July 17	10:30am - 12:00pm	Introduction - Communication with Visuals
Monday July 20	6:30pm - 8:30pm	Sharing Strategies from the Nonviolent Crisis Intervention® Training Program - Parent/Caregiver Workshop
Monday July 20	7:00pm - 8:00pm	Tips for Receiving Successful Bloodwork or Immunizations
Friday July 24	10:30am - 12:00pm	Introduction - Teaching Joint Attention
Monday July 27	6:30pm - 8:00pm	ASD and Anxiety
Monday July 27	7:00pm - 8:00pm	Tips for Successful Medical Appointments
Friday July 31	10:30am - 12:00pm	Introduction - Labelling Items

For more information about these services, visit bethesdachildrenewsservices.com. To register for service, please leave a message at **905.684.6918 ext. 170** or email serviceinfo@bethesdaservices.com. Be sure to leave your contact information, name of your child, and the group you are interested in.

CHILDREN'S SERVICES

Book Your FREE Clinic Appointment NOW

A Clinic Appointment provides an individualized consultation with a clinician where parents/caregivers can ask questions, review resources and discuss a variety of strategies that relate to their child's social skills, life skills, communication and behaviour. Examples of topics that can be discussed during a clinic appointment include, but are not limited to, the following: behavioural concerns, teaching new skills, increasing independence, completing OAP registration and funding applications and learning about community resources. Clinic Appointments are approximately one hour in length and can be booked once per month. Clinic appointments focus on proactive strategies.



SERVICE COORDINATOR INFORMATION

Bethesda's Service Coordinators can:

- Assist families who are not connected to the Ontario Autism Program and provide information about service options
- Answer your questions about service options and the Ontario Autism Program
- Assist families completing applications for OAP Interim One-Time Funding
- Help families reconcile their OAP Funding Expense Forms

Families can contact a Service Coordinator by calling **905.684.6918 ext. 170**, or sending an email to **serviceinfo@bethesdaservices.com** to book an individual consultation.