

CHILDREN'S VIRTUAL SERVICES



At Bethesda, the safety and well-being of families, staff and our community is our highest priority. As we work hard to plan to resume face-to-face services, we will continue to provide **free virtual services for children and youth registered with the Ontario Autism Program** throughout the month of August.

***NEW FOR AUGUST:** For each session your child/youth participates in, they will receive **ONE** entry into a draw for a chance to win a gift card valued at **\$100!** The draw will take place in September.

FREE GROUP SERVICES OFFERED EVERY WEEK IN AUGUST

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30am - 10:00am	Story Time & Music (2-6 yrs)	Story Time & Music (2-6 yrs)	Story Time & Music (2-6 yrs)	Story Time & Music (2-6 yrs)	Story Time & Music (2-6 yrs)
10:00am - 11:00am	Distant Socializing (9-12 yrs)	Distant Socializing (9-12 yrs)	Paint with Jenn (9-12 yrs)	Distant Socializing (9-12 yrs)	Distant Socializing (9-12 yrs)
10:30am -11:00am	Circle Time (2-6 yrs)	Circle Time (2-6 yrs)	Circle Time (2-6 yrs)	Circle Time (2-6 yrs)	Circle Time (2-6 yrs)
10:30am -11:30am	Building with Lego (6-10 yrs)	Scavenger Hunt (6-10 yrs)	Create with Play-Doh (6-10 yrs)	Disney Karaoke (6-10 yrs)	Crafty Friday (6-10 yrs)
12:30pm - 1:30pm	Dance & Movement (7-14 yrs)	Science Experiments (9-12 yrs)	Dance & Movement (7-14 yrs)	Trivia (9-13 yrs)	Dance & Movement (7-14 yrs)
12:30pm - 1:30pm	ROBLOX Game Club (8-13 yrs)	ROBLOX Game Club (8-13 yrs)	ROBLOX Game Club (8-13 yrs)	ROBLOX Game Club (8-13 yrs)	ROBLOX Game Club (8-13 yrs)
1:30pm - 2:30pm	Teen Trivia (13-17 yrs)	Games Galore (6-19 yrs)	Teen Games (13-17 yrs)	Games Galore (10-13 yrs)	Teen Trivia (13-17 yrs)
1:30pm - 2:30pm	Girl Power (9-12 yrs)	Book Club (13- 17 yrs)	Distant Socializing (9-12 yrs)	Craft Corner (all ages)	Sibling Resilience (7-12 yrs)
2:30pm - 3:30pm	Halloween in August (all ages)	Story Time & Music (7 yrs +)	Craft Building Kits (all ages)	Story Time and Music (7 yrs +)	Act It Out - Drama Club (all ages)
7:00pm - 8:00pm	Relax & Unwind: Yoga (all ages)				

FREE WORKSHOPS AND TRAINING OPPORTUNITIES

DATE	TIME	TOPIC
August 5	9:30am - 11:30am	Strategies for Facing a New Diagnosis
August 5	4:00pm - 5:00pm or 7:00pm - 8:00pm	Back to School - Teaching Independence (Primary Grades)
August 6	2:00pm - 4:00pm	Proactive Strategies for Managing Challenging Behaviour
August 10	3:00pm - 4:00pm or 7:00pm - 8:00pm	Back to School - COVID Specific Skills
August 10	6:30pm - 8:00pm	Back to School - Facing Anxiety
August 12	3:00pm - 4:30pm	Back to School - Facing Anxiety
August 12	6:30pm - 8:00pm	Teaching Hygiene Skills
August 13	6:30pm - 8:30pm	Strategies for Facing a New Diagnosis
August 14	10:30am - 12:00pm	Toilet Training
August 14	2:00pm - 3:30pm	The Power of Play
August 17	1:00pm - 2:30pm or 7:00 - 8:30pm	Back to School - Re-establishing Routine
August 19	1:00pm - 2:30pm	Transition to High School
August 19	1:30pm - 3:00pm or 7:00pm - 8:30pm	Back to School - Bedtime Routine
August 21	1:00pm - 2:30pm	Transition to College and University
August 25	7:00pm	Internet Safety
August 27	7:00pm	Supporting Your Teen's Transition to Highschool
August 28	10:30am	Supporting Your Teen's Transition to Highschool

For more information about these services, visit bethesdachildrenewsservices.com. To register for service, please leave a message at **905.684.6918 ext. 170** or email serviceinfo@bethesdaservices.com. Be sure to leave your contact information, name of your child, and the group you are interested in.

Book Your FREE Clinic Appointment NOW

A Clinic Appointment provides an individualized consultation with a clinician where parents/caregivers can ask questions, review resources and discuss a variety of strategies that relate to their child's social skills, life skills, communication and behaviour. Examples of topics that can be discussed during a clinic appointment include, but are not limited to, the following: behavioural concerns, teaching new skills, increasing independence, completing OAP registration and funding applications and learning about community resources. Clinic Appointments are approximately one hour in length and can be booked once per month. Clinic appointments focus on proactive strategies.



SERVICE COORDINATOR INFORMATION

Bethesda's Service Coordinators can:

- Assist families who are not connected to the Ontario Autism Program and provide information about service options
- Answer your questions about service options and the Ontario Autism Program
- Assist families completing applications for OAP Interim One-Time Funding
- Help families reconcile their OAP Funding Expense Forms

Families can contact a Service Coordinator by calling **905.684.6918 ext. 170**, or sending an email to **serviceinfo@bethesdaservices.com** to book an individual consultation.