

Brief Consultations

Brief consultations are single or time limited (1-3) individualized sessions that are focused on specific needs or goals.

Parents/ caregivers can meet with a clinician to:

discuss a variety of strategies that relate to their child's social skills, life skills, communication and behaviour.

Examples of topics that can be discussed during a brief consultation appointment include:

behavioural concerns

increasing independence

learning about community resources

teaching new skills

completing OAP registration and funding applications



Call 905.684.6918 ext. 170 to request an appointment.

Children's Services' Brief Consultations focus on proactive strategies.