

UPCOMING FREE SERVICES OFFERED THROUGH VIDEOCONFERENCE



At Bethesda, the safety and well-being of families, staff and our community is our highest priority. In an effort to slow the transmission of COVID-19, face-to-face services have been suspended until at least May 3, 2020.

Monday April 13	Tuesday April 14	Wednesday April 15	Thursday April 16	Friday April 17
			10:00am: Circle Time (2-6 yr olds)	10:00am: Coffee Chats
			1:00 - 3:00pm: ASD and Anxiety Workshop	
				1:00pm: Distant Socializing (7-10 yr olds)
			2:00pm: Get Gaming! Distant Socializing for Teens	2:00pm: Distant Socializing (11-13 yr olds)
		8:00pm: Coffee Chats		2:00 - 4:00pm: Puberty and Personal Hygiene Workshop

Monday April 20	Tuesday April 21	Wednesday April 22	Thursday April 23	Friday April 24
10:00am: Circle Time	10:00am - 12:00pm: Picky Eating Workshop with Occupational and Behavioural Therapists	10:00am: Circle Time (2-6 yr olds)		10:00am: Circle Time (2-6 yr olds)
			1:00pm: Distant Socializing (7-10 yr olds)	
1:00pm: Toilet Training Workshop	1:00pm: Distant Socializing (7-10 yr olds)		1:00pm: Coffee Chats	
	2:00pm: Distant Socializing (11-13 yr olds)	3:00pm: Get Gaming! Distant Socializing for Teens	2:00pm: Distant Socializing (11-13 yr olds)	3:00pm: Get Gaming! Distant Socializing for Teens
	7:30pm: Coffee Chats	6:30-8:00pm: Coping with Chaos Workshop	6:30-8:30pm: Proactive Strategies for Managing Challenging Behaviours Workshop	

Monday April 27	Tuesday April 28	Wednesday April 29	Thursday April 30	Friday May 1
				10:00am: Coffee Chats
10:00am: Circle time (2-6 yr olds)		10:00am: Circle time (2-6 yr olds)		10:00am: Circle time (2-6 yr olds)
	1:00pm: Distant Socializing (7-10 yr olds)		1:00pm: Distant Socializing (7-10 yr olds)	
	2:00pm: Distant Socializing (11-13 yr olds)	3:00pm: Get Gaming! Distant Socializing for Teens	2:00pm: Distant Socializing (11-13 yr olds)	3:00pm: Get Gaming! Distant Socializing for Teens
6:30-8:30pm: Organization Skills Workshop for Teens and their Parents		8:00pm: Coffee Chats		

SUPPORT GROUP

WORKSHOP

GROUP SERVICES

To register for these groups, please leave a message at **905.684.6918 ext. 170 or email **serviceinfo@bethesdaservices.com**. Be sure to leave your contact information, name of your child, and the group you are interested in.

Staff will be working remotely to support children, youth and their families through a variety of options, including:

- Regular **phone and/or videoconference check-ins** with families who are active in service
- **Service Coordination support** by phone and/or videoconference
- Coffee Chats: **Parent Support Group** is now offered via videoconference (*phone call option available*)
- **Workshops** offered through videoconference
- **Tip sheets** will be offered through Bethesda's Facebook page and website

SERVICE COORDINATOR INFORMATION

Bethesda's Service Coordinators can:

- Answer your questions about service options and the Ontario Autism Program
- Assist families completing applications for OAP Interim One-Time Funding
- Help families reconcile their OAP Funding Expense Forms

Families can contact a Service Coordinator by calling **905.684.6918 ext. 170**, or sending an email to **serviceinfo@bethesdaservices.com** to book an individual consultation.