

Lemon and Sugar Body Scrub

Ingredients:

1/2 a lemon

1/2 cup sugar

1 tablespoon oil

1 teaspoon honey

Mix all 4 ingredients together into a bowl or container.

Scoop the scrub into a container.

Tie the poem onto the jar.



Brown Sugar Body Scrub

Ingredients:

½ cup oil

1/2 cup brown sugar

1 teaspoon honey



Mix all 3 ingredients together into a bowl or container.

Scoop the scrub into a container.

Tie the poem onto the jar.