

# UPCOMING FREE SERVICES OFFERED THROUGH VIDEOCONFERENCE



At Bethesda, the safety and well-being of families, staff and our community is our highest priority. In an effort to slow the transmission of COVID-19, face-to-face services have been suspended until at least June 2, 2020.

Monday May 18	Tuesday May 19	Wednesday May 20	Thursday May 21	Friday May 22
<b>Victoria Day</b>	10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)
				10:00 - 11:00 am: Coffee Chat- Topic Proactive Strategies
	1:00 pm: Distant Socializing (6-10 yr olds)	1:00 pm: Get Gaming: Distant Socializing (9-12 yr olds)	1:00 pm: Distant Socializing (6-10 yr olds)	1:00 pm: Get Gaming: Distant Socializing (9-12 yr olds)
	2:00 pm: Distant Socializing (11-13 yr olds)	2:00 - 3:00 pm: Workshop for Youth- Morning Hygiene Routine	2:00 pm: Distant Socializing (11-13 yr olds)	
	3:00 pm: Get Gaming- Distant Socializing for Teens Jeopardy/Trivia	3:00 pm: Get Gaming- Distant Socializing for Teens, ROBLOX	3:00 pm: Get Gaming- Distant Socializing for Teens Jeopardy/Trivia	3:00 pm: Get Gaming- Distant Socializing for Teens, ROBLOX
	6:30-8:30 pm: Workshop for Caregivers: Pivotal Response Training Part 1	6:30-8:30 pm: Workshop for Caregivers: Pivotal Response Training Part 2		
		8:00-9:00 pm: Coffee Chat- Topic Proactive Strategies	6:30-8:00 pm: Workshop for Caregivers: The Power of Play	
			6:30 - 7:30pm: Workshop for Youth: Money Management and Budgeting	
Monday May 25	Tuesday May 26	Wednesday May 27	Thursday May 28	Friday May 29
10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)	10:00 am: Circle Time (2-6yr olds)
1:00-3:00 pm: Caregiver Workshop - Personal Hygiene: How to break it down for success	1:00 pm: Distant Socializing (6-10 yr olds)		1:00 pm: Distant Socializing (6-10 yr olds)	1:00 pm: Get Gaming- Distant Socializing (9-12 yr olds)
1:00 pm: Get Gaming- Distant Socializing (10-12 yr olds)			1:30-2:30 pm: Coffee Chat- Topic: Improving Sleep	1:00-3:00pm: What is ABA- Workshop
	2:00 pm: Distant Socializing (11-13 yr olds)		2:00 pm: Distant Socializing (11-13 yr olds)	
3:00 pm: Get Gaming- Distant Socializing for Teens, ROBLOX	3:00 pm: Get Gaming- Distant Socializing for Teens Jeopardy/ Trivia		3:00 pm: Get Gaming- Distant Socializing for Teens Jeopardy/Trivia	3:00 pm: Get Gaming- Distant Socializing for Teens, ROBLOX
	6:30 - 8:00 pm Caregiver Workshop: Coping with Chaos			
6:30-8:00 pm Workshop for Caregivers: Introduction to Teaching: Imitation	7:30-8:30 pm: Coffee Chat- Topic: Improving Sleep	7:00 - 8:00 pm Youth Workshop: Morning Hygiene Routine	7:00-8:00: Introduction to Teaching: Tolerating Change	

SUPPORT GROUP

WORKSHOP

GROUP SERVICES

\*\*To register for these groups, please leave a message at **905.684.6918 ext. 170** or email [serviceinfo@bethesdaservices.com](mailto:serviceinfo@bethesdaservices.com). Be sure to leave your contact information, name of your child, and the group you are interested in.

**Staff will be working remotely to support children, youth and their families through a variety of options, including:**

- Regular **phone and/or videoconference check-ins** with families who are active in service
- **Service Coordination support** by phone and/or videoconference
- Coffee Chats: **Parent Support Group** is now offered via videoconference (*phone call option available*)
- **Workshops** offered through videoconference
- **Tip sheets** will be offered through Bethesda's Facebook page and website

## SERVICE COORDINATOR INFORMATION

**Bethesda's Service Coordinators can:**

- Answer your questions about service options and the Ontario Autism Program
- Assist families completing applications for OAP Interim One-Time Funding
- Help families reconcile their OAP Funding Expense Forms

Families can contact a Service Coordinator by calling **905.684.6918 ext. 170**, or sending an email to **[serviceinfo@bethesdaservices.com](mailto:serviceinfo@bethesdaservices.com)** to book an individual consultation.