

## Banana Muffins

**1. Pre-heat oven to 350 degrees**



**2. Add 12 muffin liners to muffin tray**



**3. Sift:** 1½ cups all-purpose flour  
1 teaspoon baking powder  
1 teaspoon baking soda  
½ teaspoon salt



**4. In a separate bowl, mix:**

3 mashed bananas  
1 egg  
1/3 cup melted butter  
1/3 cup of sugar



**5. Mix all ingredients together**

**6. Fill muffin liners with batter**



**7. Bake for 25 minutes**